

APC promoter methylation is correlated with development and progression of bladder cancer, but not linked to overall survival: a meta-analysis

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The clinical role of *APC* promoter methylation in patients with bladder cancer remains to be determined. The relevant databases (PubMed, EMBASE, EBSCO, WANFANG DATA, CNKI and Cochrane Library) were searched to get eligible studies. The overall odds ratios (ORs) and the corresponding 95% confidence intervals (95% CIs) were calculated to assess the effects of *APC* promoter methylation on bladder cancer risk and clinicopathological features. 2214 patients with bladder cancer and 665 controls were identified. *APC* promoter methylation was significantly higher in bladder cancer than in non-malignant tissue and urine samples (tissue: OR=11.14, 95% CI=4.29–28.91, $p<0.001$; urine: OR=24.31, 95% CI=6.26–94.38, $p<0.001$), but not in blood samples ($p=0.242$). The relationship was observed between *APC* promoter methylation and gender (male vs. female: OR=1.46, 95% CI=0.96–2.22, $p=0.074$), tumor stage (stage T2–T4 vs. Ta–T1: OR=3.00, 95% CI=1.66–5.42, $p<0.001$), and tumor grade (grade 3–4 vs. grade 1–2: OR=1.99, 95% CI=1.15–3.42, $p=0.013$). But no correlation was found between *APC* promoter methylation and age, lymph node status, and tumor number ($p>0.1$). *APC* gene was not associated with overall survival of bladder cancer patients. Our findings indicate that *APC* promoter methylation may be associated with the development and progression of bladder cancer and may serve as a promising non-invasive biomarker using urine samples for the detection of bladder cancer.

Key words: APC, methylation, bladder cancer, urine, biomarker, prognosis

Bladder cancer is the most frequent malignant tumor of urinary system diseases [1]. According to GLOBOCAN estimates, approximately 429,800 cases with bladder cancer were diagnosed, leading to an estimated 165,100 deaths in 2012 worldwide [2]. About 75% of all cases are diagnosed with non-muscle invasive bladder cancer (NMIBC: stage pTa–T1), with a favorable five-year survival rate. While patients with muscle-invasive bladder cancer (MIBC: stage pT2–T4) have a five-year survival rate of less than 50% because of the high frequency of metastases [3–5].

DNA methylation, a common epigenetic modification, plays an important role in the early phase of carcinogenesis [6–8]. Promoter methylation of tumor suppressor genes (TSGs) has been shown to be involved in the tumorigenesis, progression, and prognosis of various types of human cancers [9–11]. Aberrantly methylated TSGs can be applied as potential diagnostic biomarkers for the detection of cancer [12, 13]. As a TSG, the adenomatous polyposis coli (*APC*) gene, encoding a large multidomain protein, is mapped to human chromosome band 5q21 [14, 15]. The *APC* gene participates in some biolog-

ical functions, such as WNT signaling, cell migration and adhesion, cell differentiation and proliferation, transcriptional activation, and apoptosis [16–18]. *APC* promoter methylation has been found in different sample types of bladder cancer, including tissue, urine, and blood samples [19, 20].

However, a small number of participants regarding *APC* promoter methylation may lack strong statistical power in bladder cancer [21, 22]. Therefore, we systematically integrated all eligible publications to determine whether *APC* promoter methylation was correlated with bladder cancer in tissue, urine, and blood samples. In addition, we also determined the correlation between *APC* promoter methylation and clinicopathological characteristics of patients with bladder cancer.

Materials and methods

Literature search strategy. Two authors conducted a systematic literature search (PubMed, EMBASE, EBSCO, WANFANG DATA, CNKI and Cochrane Library databases) to

identify studies before June 3, 2017. We used the following terms during the search: (adenomatous polyposis coli OR APC) AND (bladder cancer OR bladder tumor OR bladder carcinoma OR bladder neoplasm) AND (methylation OR epigene* OR methylated OR hypermethylation). We also conducted a manual search of the reference lists from the eligible publications for other additional studies.

Inclusion criteria. Studies had to meet the following selection criteria in the meta-analysis: 1) patients were diagnosed with primary bladder cancer; 2) sample type consisted of tissue, urine and blood samples from bladder cancer patients and corresponding non-tumor controls; 3) Studies had sufficient data to evaluate the correlation between *APC* promoter methylation and bladder cancer in cancer vs. non-tumor controls, and to the clinicopathological features of patients with bladder cancer; 4) studies provided sufficient information on the prognosis if possible. Only the most complete publication with sufficient information was included in this meta-analysis when authors published several papers using duplicated data.

Data extraction and quality assessment. For the eligible studies, two authors independently checked and extracted the following data: first author's surname, publication year, country, race, tumor stage, sample type (tissue, urine, and blood), detection method of methylation, number of participants, methylation level, clinicopathological parameters

(gender: male vs. female, age: ≥ 60 years vs. < 60 years, tumor grade: grade 3–4 vs. grade 1–2, lymph node status: positive vs. negative, tumor stage: T2–4 vs. Ta–1, and tumor number: single vs. multiple), and survival information. Disagreements were resolved by consensus from all authors. In addition, the Newcastle–Ottawa Scale (NOS) for case–control or cohort design was used to assess the quality of the eligible studies [23], including three parameters: selection (0–4), comparability (0–2), and outcome or exposure assessment (0–3). The scores of quality assessment ranged from 0 to 9 for each study, the study with scores ≥ 6 was considered as high quality. The study got a score ≤ 5 , which was considered as low quality [24].

Statistical analysis. Data analysis was conducted using the Stata software (version 12.0, Stata Corporation, College Station, TX, USA). The relationship of *APC* promoter methylation between bladder cancer and non-tumor controls, and the association between *APC* promoter methylation and clinicopathological characteristics of patients with bladder cancer were calculated by the pooled odds ratios (ORs) with corresponding 95% confidence intervals (95% CIs). The overall hazard ratio (HR) with 95% CI was used to evaluate the prognostic role of *APC* promoter methylation if possible. According to the Cochran's Q test and I^2 statistic, between-study heterogeneity was applied in the meta-analysis [25]. The random-effects model was selected in the current meta-analysis. When cancer was compared to nonmalignant

Table 1. The basic characteristics of the eligible articles.

First author	Country	Stage	Ethnicity	Age	Method	Sample	Cancer Total (M %)	Controls Total (M %)	Clinical features	MA (survival)	NOS
Maruyama 2001 [38]	USA	Ta–T4	Caucasians	72	MSP	Tissue	98 (34.7)	NA	Yes	Yes	9
Dulaimi 2004 [37]	USA	Ta–T4	Caucasians	37–85	MSP	Tissue	45 (68.9)	5 (0)	Yes	NA	7
Dulaimi 2004 [37]	USA	Ta–T4	Caucasians	37–85	MSP	Urine	45 (55.6)	21 (0)	Yes	NA	7
Yates 2006 [36]	UK	Ta–T4	Caucasians	75	QMSP	Urine	35 (40)	69 (15.9)	No	NA	8
Neuhausen 2006 [35]	Germany	Ta–T4	Caucasians	68	MSP	Tissue	96 (44.8)	19 (26.3)	Yes	NA	7
Pu 2006 [22]	USA	NA	Caucasians	NA	MMSP	Tissue	22 (31.8)	11 (18.2)	No	NA	6
Pu 2006 [22]	USA	NA	Caucasians	NA	MMSP	Urine	39 (61.5)	10 (10)	No	NA	6
Yates 2007 [34]	UK	Ta–T4	Caucasians	77	QMSP	Tissue	96 (31.3)	30 (3.3)	No	NA	8
Ellinger 2008 [33]	Germany	Ta–T4	Caucasians	40–86	*	Blood	45 (60)	45 (0)	No	NA	9
Renard 2010 [32]	Belgium	NA	Caucasians	NA	MSP	Tissue	91 (50.5)	39 (0)	No	NA	8
Pan 2010 [39]	China	Ta–T4	Asians	62.5	MSP	Tissue	110 (82.7)	15 (20)	Yes	NA	6
Eissa 2011 [29]	Egypt	T1–T4	Caucasians	60	MSP	Urine	210 (59.5)	110 (2.7)	Yes	NA	8
Serizawa 2011 [31]	Denmark	Ta–T3	Caucasians	NA	MethyLight	Urine	113 (27.4)	33 (0)	No	NA	9
Serizawa 2011 [31]	Denmark	Ta–T3	Caucasians	NA	MethyLight	Tissue	105 (30.5)	NA	Yes	NA	9
Chen 2011 [30]	China	> Ta	Asians	NA	MSP	Tissue	210 (35.7)	2 (0)	Yes	NA	6
Berrada 2012 [21]	Morocco	Ta–T4	Caucasians	NA	MSP	Tissue	29 (100)	3 (33.3)	Yes	NA	6
Berrada 2012 [21]	Morocco	Ta–T4	Caucasians	NA	MSP	urine	29 (79.3)	3 (0)	Yes	NA	6
Hauser 2013 [20]	Germany	Ta–T4	Caucasians	38–94	MSP	Blood	95 (54.7)	132 (34.8)	No	NA	8
Bilgrami 2014 [28]	Pakistan	> Ta	Caucasians	50–73	MSP	Tissue	76 (71.1)	10 (0)	Yes	NA	7
Pietrusiński 2017 [19]	Poland	Ta–T4	Caucasians	66	MSP	Urine	113 (46)	100 (0)	Yes	NA	8
Pietrusiński 2017 [19]	Poland	Ta–T4	Caucasians	66	MSP	Tissue	113 (54)	8 (0)	No	NA	7

NA: not applicable; MSP: methylation-specific polymerase chain reaction; QMSP: quantitative methylation-specific polymerase chain reaction; MMSP: multiplex methylation-specific polymerase chain reaction; "*" stands for quantitative, methylation sensitive polymerase chain reaction; M: methylation; MA: multivariate analysis; NOS: Newcastle–Ottawa scale.

controls, significant heterogeneity ($p < 0.1$) was detected, we performed a sensitivity analysis to assess the influence of one study on the results by deleting an individual study [26]. In the current study, publication bias was estimated using Egger's test for the results with greater than or equal to ten studies (cancer vs. nonmalignant tissues, clinical stage, and tumor grade) [27].

Results

Characteristics of the included studies. Figure 1 depicts the procedure of the described literature search method. According to the inclusion criteria as described above, 16 eligible articles published from 2001 to 2017 [19–22, 28–34, 35–39], involving 1815 cases and 665 controls were identified in the present meta-analysis. Among the include papers, ten studies evaluated the correlation between *APC* promoter methylation and tissue samples of bladder cancer in cancer vs. nonmalignant controls [19–22, 28, 30, 32, 34, 35, 37, 39]. Seven studies evaluated the association between *APC* promoter methylation and urine samples of bladder cancer in cancer vs. nonmalignant controls [19–22, 29, 31, 36, 37]. Two studies estimated the association between *APC* promoter methylation and blood samples of bladder cancer in cancer vs. nonmalignant controls [20, 33]. Ten articles analyzed the relationship of *APC* promoter methylation with clinico-pathological parameters of patients with bladder cancer [19, 21, 28–31, 35, 37–39], including gender, age, tumor grade, lymph node status, tumor stage, and tumor number. The NOS results showed that the eligible studies were of high quality. The general characteristics of the included publications are listed in Table 1 and Table S1.

Correlation between *APC* promoter methylation and bladder cancer. The data involving 888 bladder cancer and 142 nonmalignant tissue samples showed that the frequency of *APC* promoter methylation in bladder cancer was higher than in nonmalignant tissue samples (OR=11.14, 95% CI=4.29–28.91, $p < 0.001$, Figure 2).

Figure 2 shows the results of urine (584 bladder cancer and 346 nonmalignant controls) and blood (140 bladder cancer and 177 nonmalignant controls) samples, we found that *APC* promoter methylation was correlated with bladder cancer in the urine (OR=24.31, 95% CI=6.26–94.38, $p < 0.001$), but not in the blood (OR=14.32, 95% CI=0.17–1233.02, $p = 0.242$). Based on the small sample size, the result of the blood should be cautious.

Subgroup analyses in cancer vs. controls. In the comparison of bladder cancer and nonmalignant tissue samples, subgroup analyses based on ethnicity (Caucasians and Asians) and detection method (MSP and non-MSP) were conducted to find the difference among different subgroups (Table 2). Subgroup analysis of ethnic population demonstrated the correlation between *APC* promoter methylation and ethnic subgroups (Caucasians: OR=12.36, 95% CI=3.72–41.05, $p < 0.001$; Asians: OR=11.94, 95% CI=2.30–61.89, $p = 0.003$). Subgroup analysis based on testing method showed that *APC* promoter methylation was associated with bladder cancer in the MSP method (OR=15.05, 95% CI=4.69–48.26, $p < 0.001$), but not in the non-MSP subgroup (OR=4.93, 95% CI=0.75–32.32, $p = 0.096$).

In the comparison of bladder cancer and nonmalignant urine samples, subgroup analysis of testing method demonstrated that *APC* promoter methylation was associated with bladder cancer in the MSP and non-MSP subgroups

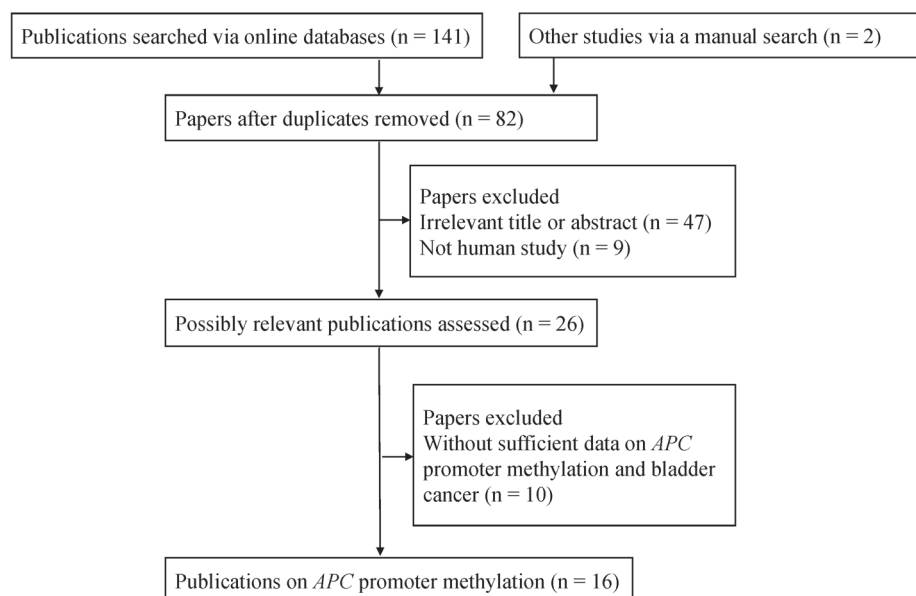


Figure 1. Flow diagram of the procedure of the literature search.

Table 2. Subgroup analyses in bladder cancer vs. nonmalignant controls.

Tissue samples	OR (95% CI)	Heterogeneity: p-value	p-value	Cases	Controls
Detection method					
MSP	15.05 (4.69-48.26)	0.041	< 0.001	770	101
Non-MSP	4.93 (0.75-32.32)	0.163	0.096	118	41
Ethnicity					
Caucasians	12.36 (3.72-41.05)	0.029	< 0.001	568	125
Asians	11.94 (2.30-61.89)	0.252	0.003	320	17
Urine samples					
Detection method					
MSP	56.35 (21.45-148.00)	0.811	< 0.001	397	234
Non-MSP	7.14 (1.88-27.20)	0.195	0.004	187	112

MSP: methylation-specific polymerase chain reaction; OR: odds ratios; 95% CI: 95% confidence interval.

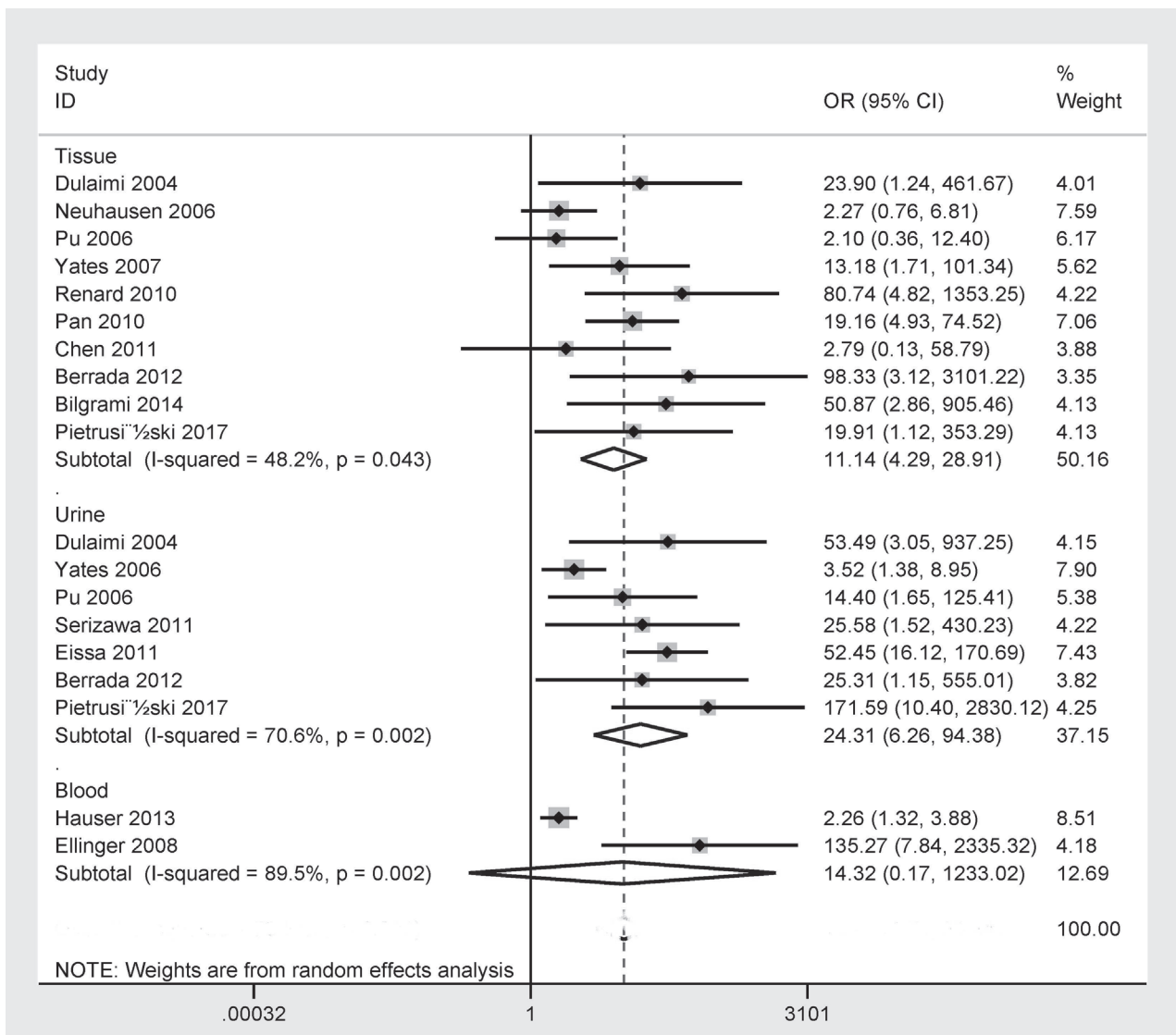


Figure 2. Forest plot indicating the correlation between APC promoter methylation and bladder cancer in cancer vs. nonmalignant controls, tissue: OR=11.14, 95% CI=4.29–28.91, p<0.001; urine: OR=24.31, 95% CI=6.26–94.38, p<0.001; blood: p=0.242.

(OR=56.35, 95% CI=21.45–148.00, $p<0.001$; OR=7.14, 95% CI=1.88–27.20, $p=0.004$; respectively).

Correlation of APC promoter methylation with gender and age of bladder cancer patients. No significant correlation was found between APC promoter methylation and age (OR=0.87, 95% CI=0.29–2.62, $p=0.8$), including 347 patients with bladder cancer (Figure 3). Figure 3 shows that APC promoter methylation had a trend toward a higher level in male patients with bladder cancer than in female patients with bladder cancer (OR=1.46, 95% CI=0.96–2.22, $p=0.074$), including 573 bladder cancer patients.

Correlation of APC promoter methylation with tumor grade and lymph node status of bladder cancer patients. The data including 870 patients with bladder cancer revealed that APC promoter methylation was linked to tumor grade (OR=1.99, 95% CI=1.15–3.42, $p=0.013$) (Figure 4). The data

including 296 patients with bladder cancer revealed that no significant relationship was observed between APC promoter methylation and lymph node status (OR=1.67, 95% CI=0.86–3.27, $p=0.132$, Figure 4).

Correlation of APC promoter methylation with clinical stage and tumor number of bladder cancer patients. A significant relationship was found between APC promoter methylation and tumor stage (OR=3.00, 95% CI=1.66–5.42, $p<0.001$), including 1064 bladder cancer patients (Figure 5). No significant correlation was found between APC promoter methylation and tumor number (OR=0.73, 95% CI=0.32–1.66, $p=0.456$), including 214 bladder cancer patients (Figure 5).

Prognostic effect. Only one study with 98 patients with bladder cancer reported that APC promoter methylation was not associated with overall survival of patients [38]. Further

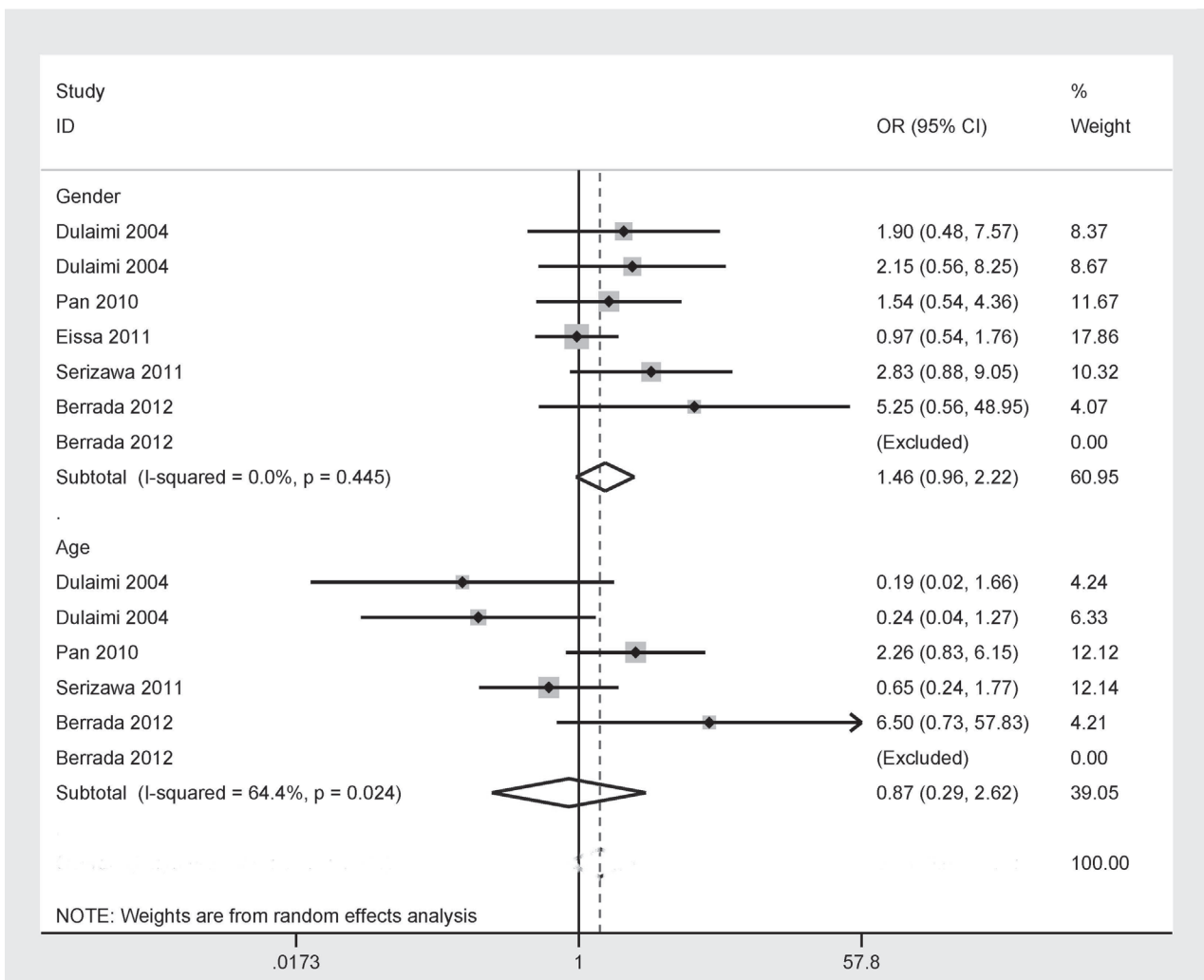


Figure 3. Forest plot of the association between APC promoter methylation and gender and age of bladder cancer patients, age (≥ 60 years vs. <60 years): OR=0.87, 95% CI=0.29–2.62, $p=0.8$; gender (male vs. female): OR=1.46, 95% CI=0.96–2.22, $p=0.074$.

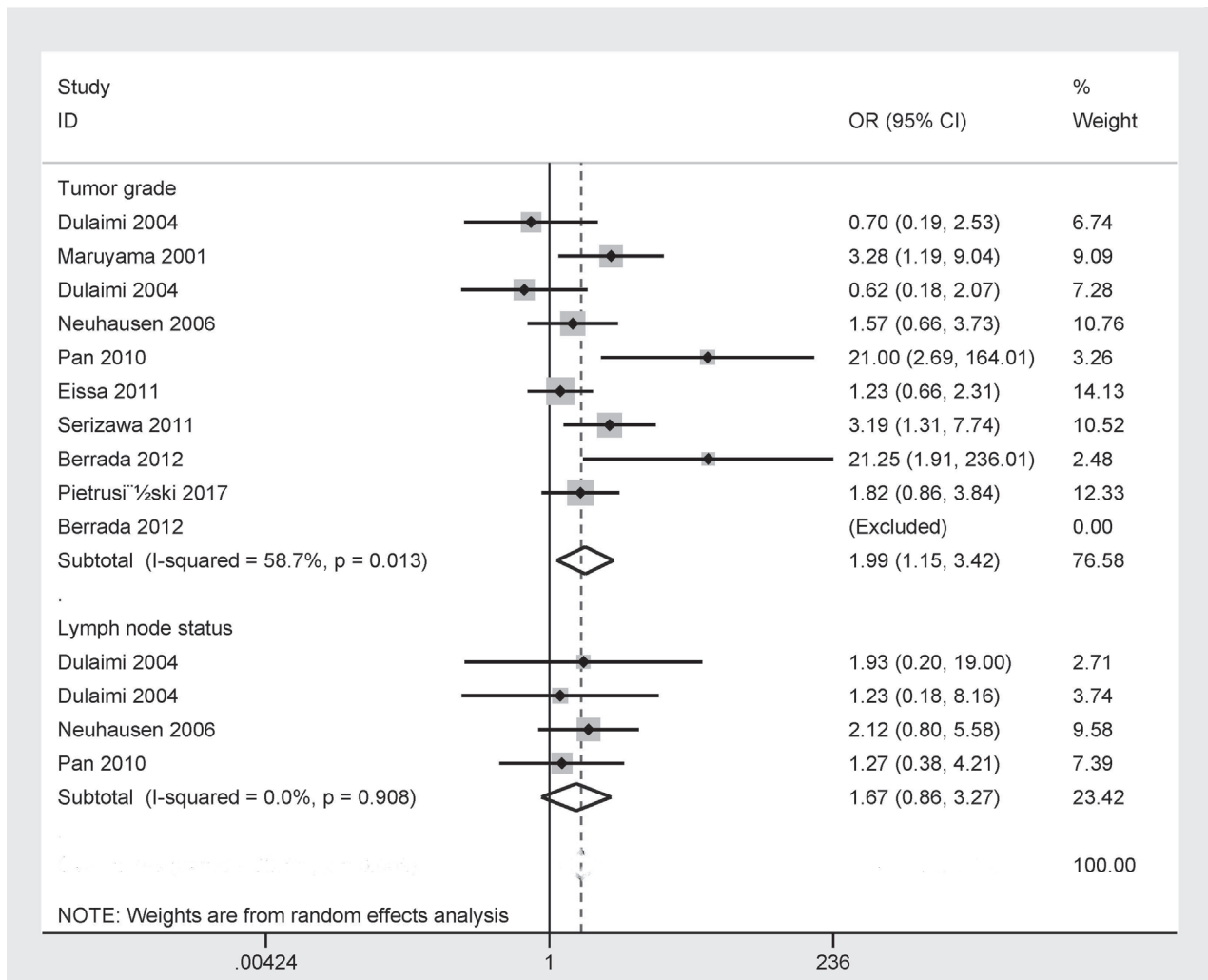


Figure 4. Forest plot of the association between *APC* promoter methylation and tumor grade and lymph node status of bladder cancer patients, tumor grade (grade 3–4 vs. 1–2): OR=1.99, 95% CI=1.15–3.42, $p=0.013$; lymph node status (positive vs. negative): OR=1.67, 95% CI=0.86–3.27, $p=0.132$.

analysis from Gene Expression Profiling Interactive Analysis (GEPIA) database was performed in 399 bladder cancer patients [40], the result showed that *APC* expression was not associated with overall survival of bladder cancer ($p>0.1$, Figure 6).

Sensitivity analysis in cancer vs. controls. We conducted a sensitivity analysis to determine the change of the overall OR and heterogeneity by omitting an individual study in cancer vs. nonmalignant tissues and nonmalignant blood samples ($p=0.043$, $p=0.002$, respectively). When bladder cancer was compared to nonmalignant tissues, one study ([35]) was removed, we re-calculated the overall OR (OR=14.67, 95% CI=6.26–34.39, $p<0.001$), resulting in a decreased heterogeneity ($p=0.299 >0.1$).

When bladder cancer was compared to nonmalignant blood samples, we removed one study ([36]), and re-calcu-

lated the pooled OR (OR=42.73, 95% CI=18.42–99.15, $p<0.001$), with no evidence of heterogeneity ($p=0.788$).

Publication bias. Egger's test was used to detect the possible publication bias in cancer vs. nonmalignant tissues, clinical stage and tumor grade (Figure 7). No obvious evidence of the publication bias was detected in cancer vs. nonmalignant tissues and between *APC* promoter methylation and tumor grade ($p>0.05$), a slight publication bias was found between *APC* promoter methylation and tumor stage ($p=0.025$).

Discussion

Promoter methylation of TSGs (e.g. *MGMT* and *RASSF1A*) leads to loss or dysfunction of tumor related-gene expression, and may drive the process of cancer [41–43].

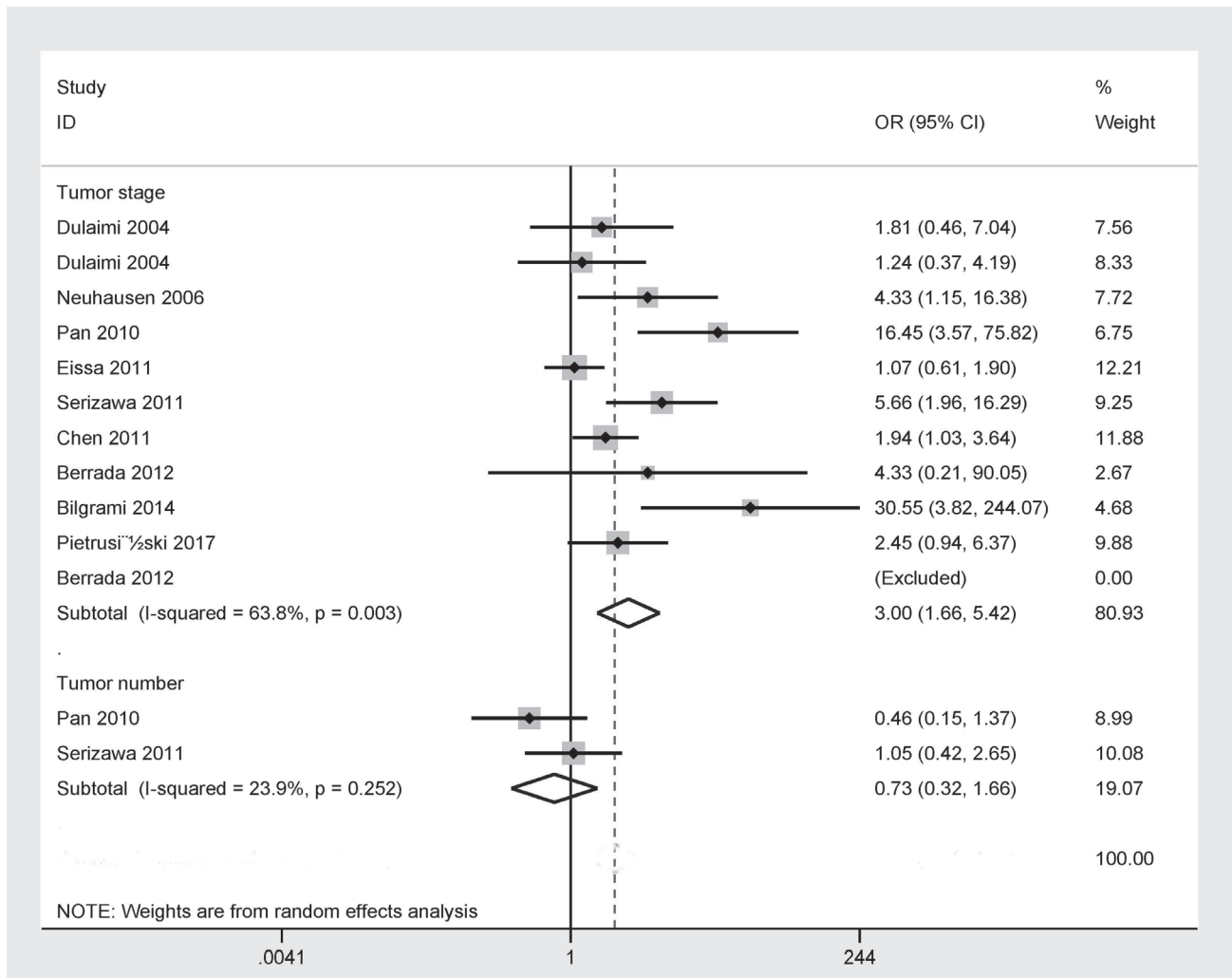


Figure 5. Forest plot of the relationship between *APC* promoter methylation and clinical stage and tumor number of bladder cancer patients, tumor stage (stage T2–4 vs. Ta–1): OR=3.00, 95% CI=1.66–5.42, $p<0.001$; tumor number (single vs. multiple): OR=0.73, 95% CI=0.32–1.66, $p=0.456$.

Additionally, some studies have shown that DNA methylation within the promoter region in bodily fluids (e.g. blood, sputum, and urine etc.) could be used as a promising non-invasive biomarker for the early diagnosis and screening of cancer [9, 12, 44, 45]. *CDH13* promoter methylation was reported to be correlated with the development and progression of bladder cancer [46]. Dai *et al.* reported that *DAPK* promoter methylation was significantly increased in bladder cancer than in normal controls [47]. Promoter methylation of the *APC* gene has been reported in bladder cancer, which suggests that *APC* promoter methylation may be linked to the development of bladder cancer, and may become a potential non-invasive biomarker for bladder cancer detection [19, 20, 28]. However, we found some inconsistent results concerning the methylation frequency of *APC* promoter in bladder cancer and non-malignant controls. For example, Yates *et*

al. reported that the frequency of *APC* promoter methylation was 31.3% in tissue samples of bladder cancer and 3.3% in non-malignant tissues [34]. Berrada *et al.* reported that *APC* promoter methylation had a frequency of 100% in tissue samples of bladder cancer, and a frequency of 33.3% in non-malignant tissues [21]. Our results comprising more studies with large sample sizes showed that *APC* promoter methylation was significantly increased in bladder cancer compared to non-malignant tissue samples, suggesting that *APC* promoter methylation was closely correlated with the carcinogenesis of bladder cancer. A further subgroup analysis of ethnicity revealed that promoter methylation of the *APC* gene was correlated with an increased risk of bladder cancer in the Caucasian and Asian populations. Subgroup analysis of testing method showed that *APC* promoter methylation was associated with bladder cancer in the MSP method,

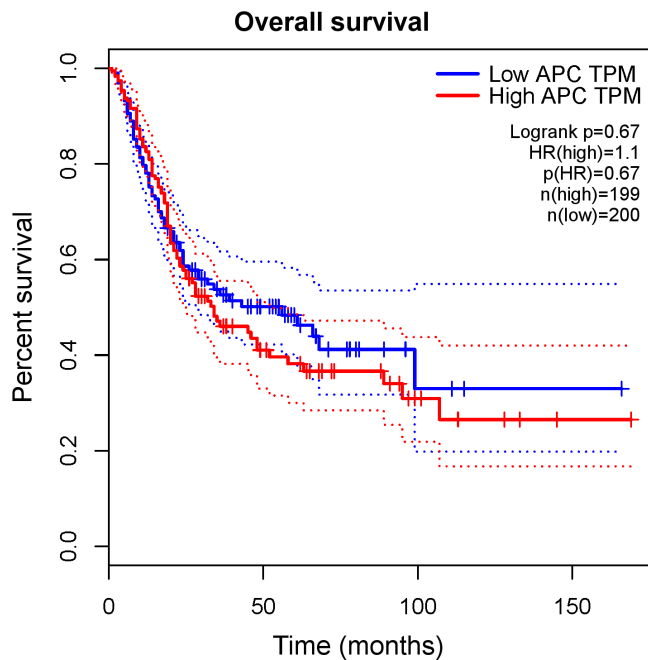


Figure 6. Survival analysis of *APC* expression in bladder cancer (overall survival: $p > 0.1$).

but not in the non-MSP subgroup. Because the sample size regarding the Asian population and non-MSP subgroup was small, the results should be carefully considered with caution in these two subgroups.

Using patient urine samples, methylated genes such as *TWIST1* and *NID2* may have utility for the detection of bladder cancer [48–50]. Some studies demonstrated that *APC* promoter methylation can be detected in urine or blood samples of patients with bladder cancer [19–21, 33]. Our findings revealed that *APC* promoter methylation was significantly associated with bladder cancer using urine samples ($p < 0.001$), but not correlated with bladder cancer based on blood samples ($p = 0.242$). Moreover, we found that the OR of urine samples (OR=24.31, $p < 0.001$) was higher than the OR of tissue samples (OR=11.14, $p < 0.001$), which suggests that *APC* promoter methylation based on urine samples may be a useful non-invasive biomarker for the detection of bladder cancer. A further subgroup analysis based on detection method showed that promoter methylation of the *APC* gene was sensitive to the MSP and non-MSP methods.

Clinically, muscle-invasive or high-grade bladder cancer patients generally have a high incidence of cancer metastasis and unfavorable outcome [4, 51]. We further evaluated whether *APC* promoter methylation was correlated with clinicopathological features of bladder cancer. Our results indicated that no relationship was found between *APC* promoter methylation and age, lymph node status, or tumor number. DNA methylation in bladder cancer may be correlated with increased tumor stage and grade [21]. Some

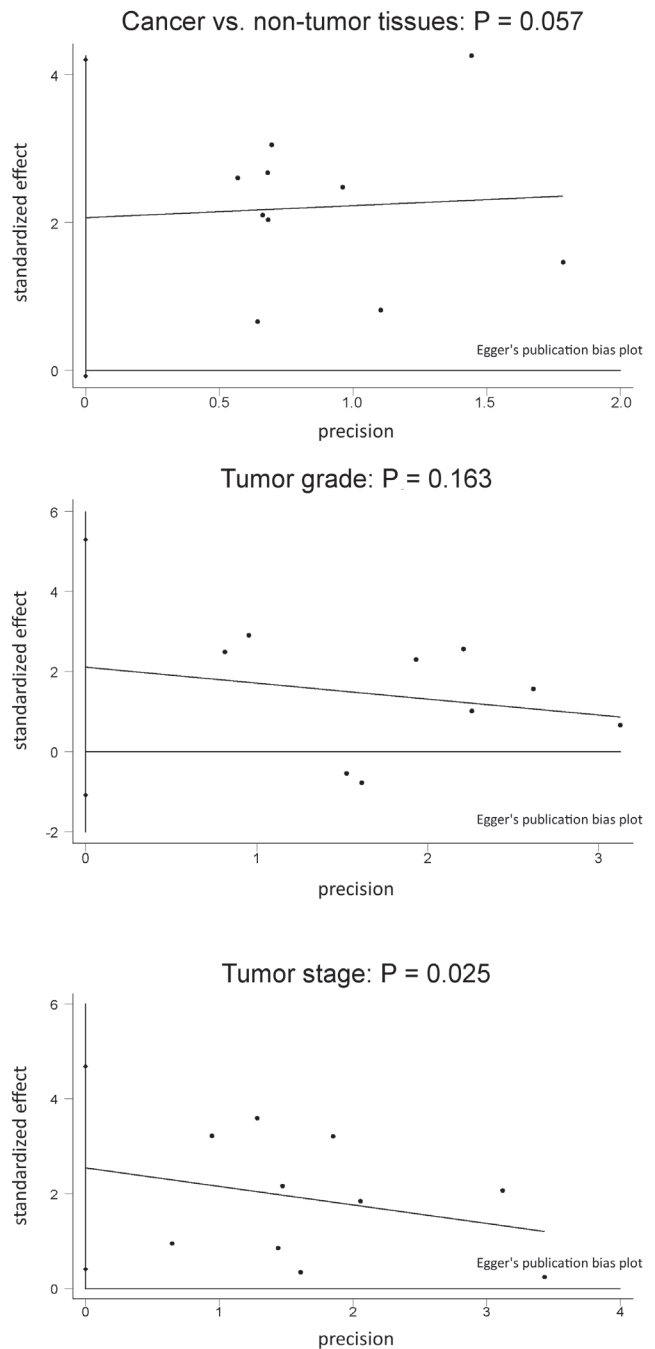


Figure 7. Forest plot of publication bias in cancer vs. nonmalignant tissue samples, clinical stage, and tumor grade.

studies showed that *APC* promoter methylation was significantly associated with advanced clinicopathological parameters of bladder cancer (tumor grade and stage), suggesting that *APC* promoter methylation may be associated with the progression of bladder cancer [38, 39]. In our study, *APC* promoter methylation was found to be positively correlated with tumor stage and tumor grade, which suggests that

APC promoter methylation may play a key role in bladder cancer progression, and may be a potential biomarker for the prediction of bladder cancer recurrence. Additionally, *APC* promoter methylation in a large population showed a trend toward higher frequency in male patients with bladder cancer than in female patients with bladder cancer (OR=1.46, 95% CI=0.96–2.22, $p=0.074$), indicating that *APC* promoter methylation may play an important role in male patients with bladder cancer. More studies with large sample sizes are needed to further confirm whether *APC* promoter methylation is linked to age, lymph node status, and tumor number of bladder cancer.

Heterogeneity was measured in bladder cancer vs. non-malignant tissues and non-malignant blood samples ($p=0.043$, $p=0.002$, respectively). A sensitivity analysis was performed to observe the influence of a single study on the OR and heterogeneity by omitting one study. We removed one study [35] in cancer vs. non-malignant tissues, and one study [36] in cancer vs. non-malignant blood samples. The results remained significant, with no evidence of substantial heterogeneity, suggesting the stability of the results. Moreover, study quality was estimated using the NOS, giving validity to the results of the current meta-analysis.

Several limitations should be stated in this meta-analysis. First, Egger's test showed a slight publication bias between *APC* promoter methylation and tumor stage ($p=0.025$). The publications with positive results are more easily published than publications with negative results. Papers published only in English or Chinese language were selected in the current meta-analysis, which might lead to a slight publication bias. Second, based on small population, more studies regarding the results of the Asian population and non-MSP subgroups are necessary in the future. Third, only two studies involving blood samples were analyzed in this meta-analysis. Finally, only one study reported that *APC* promoter methylation was not linked to the prognosis of patients with bladder cancer using multivariate analysis. More researches with a large population are essential to further validate the prognostic role of *APC* promoter methylation.

In conclusion, our results suggest that *APC* promoter methylation is correlated with bladder cancer in tissue and urine samples, but not associated with bladder cancer in the blood. Promoter methylation of the *APC* gene was associated with gender, clinical stage, and tumor grade, but not linked to age, lymph node status, tumor number, and the prognosis of bladder cancer in overall survival. Further large-scale studies with large population should be performed in the future.

Supplementary information is available in the online version of the paper.

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